

## HLTAID012 Provide First Aid in an education and care setting, R1

*This unit describes the skills and knowledge required to provide a first aid response to infants, children and adults in line with first aid guidelines determined by the Australian Resuscitation Council (ARC) and other Australian national peak clinical bodies.*

*This unit applies to a range of workers within an education and care setting who are required to respond to a first aid emergency, including asthma and anaphylactic emergencies. This includes early childhood workers and educators who work with school age children in outside school hours care and vacation programs.*

*This unit of competency may contribute towards approved first aid, asthma and anaphylaxis training under the Education and Care Services National Law, and the Education and Care Services National Regulations (2011).*

*Specific licensing/regulatory requirements relating to this competency, including requirements for refresher training should be obtained from the relevant national/state/territory Work Health and Safety Regulatory Authorities.*

ELEMENTS	PERFORMANCE CRITERIA		QUESTIONS
<i>Elements describe the essential outcomes</i>	<i>Performance criteria describe the performance needed to demonstrate achievement of the element.</i>		<i>Question number</i>
1. Respond to an emergency situation	1.1	Recognise and assess an emergency situation	1, 7, 39 and 'recognition' questions each topic
	1.2	Ensure safety for self, bystanders and casualty	3, 7, 43, 48
	1.3	Assess the casualty and recognise the need for first aid response	10, 25, 146, 147, 148 and 'recognition' questions each topic
	1.4	Seek assistance from emergency response services	4, 5, 6, 32, 60, 86, 96, 97, 132, 143
2. Apply appropriate first aid procedures	2.1	Perform cardiopulmonary resuscitation (CPR) in accordance with ARC guidelines	38-45
	2.2	Provide first aid in accordance with established first aid principles	Most questions
	2.3	Ensure casualty feels safe, secure and supported	2, 8, 9, 11
	2.4	Obtain consent from casualty where possible	17, 18
	2.5	Use available resources and equipment to make the casualty as comfortable as possible	Most questions
	2.6	Operate first aid equipment according to manufacturers' instructions	47, 48, 55, 69
	2.7	Monitor the casualty's condition and respond in accordance with first aid principles	Most questions
3. Communicate details of the incident	3.1	Accurately convey incident details to emergency services	6, 149
	3.2	Report details of incident in line with appropriate workplace or site procedures	13, 14, 21, 23, 24
	3.3	Complete applicable workplace or site documentation, including incident report form	13, 14, 24
	3.4	Report details of incidents involving infants and children to parents or caregivers	14, 23, 65, 77, 131, 132, 135, 152
	3.5	Follow appropriate workplace or site procedures to report serious incidents to the regulatory authority	14, 21
	3.6	Maintain privacy and confidentiality of information in line with statutory and/or organisational policies	14, 154
4. Review the incident	4.1	Recognise the possible psychological impacts on self and other rescuers and seek help when required.	150, 151, 152
	4.2	Contribute to a review of the first aid response as required	153, 154

KNOWLEDGE EVIDENCE		QUESTIONS
<i>Demonstrated knowledge required to complete the tasks outlined in elements and performance criteria of this unit. This includes knowledge of:</i>		
Guidelines and procedures including:		
- ARC guidelines relevant to the provision of first aid to infants, children and adults		Most questions
- First aid guidelines from Australian national peak clinical bodies		55, 67, 68, 71, 72, 73, 75
- Potential incident hazards and risk minimisation processes when providing first aid		7, 21, 48, 99, 100
- Infection control procedures, including use of standard precautions and resuscitation barrier devices		43, 99, 100
- Requirements for currency of skill and knowledge		19, 155, 156
- First aid codes of practice		19
- Appropriate workplace or site procedures relevant to the provision of first aid		21, 61, 99, 154
- Contents of first aid kits		101, 102
Legal, workplace and community considerations including:		
- First aid requirements for services under Education and Care Services National Law		14, 23, 24, 61, 754, 103
- State/Territory regulations covering first aid in an Education and Care setting		
- Duty of care requirements		15, 16, 155
- Own skills and limitations		19, 20, 154, 155, 156
- Consent, including situations in which parental/caregiver consent is required		14, 17, 18
- Privacy and confidentiality requirements		14, 154
- Awareness of potential need for stress management techniques and available support for rescuers and children		150, 151, 152
Considerations when providing CPR including:		
- Upper airway and effect of positional change		26, 27, 28
- Appropriate duration and cessation of CPR		45
- Appropriate use of an AED, including specific considerations when using an AED on children		46, 47, 48
- Safety and maintenance procedures for an AED		48, 49
- Chain of survival		5
- How to access emergency services		4, 5, 6, 16, 60, 68, 143
Techniques for providing CPR to adults, children and infants including:		
- How to recognise that a casualty is unconscious and not breathing normally		10, 25, 30, 148
- Rate, ratio and depth of compressions/ventilations		38, 41, 42, 44
- Correct hand positioning for compressions		40, 44
- Basic anatomy, physiology and the differences between adults, children and infants relating to CPR		26, 27, 44

KNOWLEDGE EVIDENCE	QUESTIONS
Signs, symptoms and management of the following in children:	
- Allergic reaction	64, 65
- Anaphylaxis	63, 66, 67-75
- Asthma	51, 52, 53, 54-61
- Non-life-threatening and life-threatening bleeding	
o Non-life-threatening bleeding	104, 104, 106, 107, 109
o Life-threatening bleeding	105, 112, 113, 114
- Breathing difficulties	30, 37, 148, 37
- Burns	125, 126, 127, 128, 129
- Choking	31, 33, 34, 33, 34
- Diabetes	84, 85, 86
- Drowning	35, 36
- Envenomation (all current treatments)	
o Pressure immobilisation Technique (PIT)	88, 92
o Cold Pack	87
o Hot Water	93, 93
o Vinegar	94, 94
o Freezing (tick)	90, 91
o Scraping sting (bee)	89
- Eye injuries	122, 123, 124
- Fever	76, 76, 77, 80, 81
- Fractures, dislocations, strains and sprains	
o Fractures	136, 137, 138, 139
o Dislocations	119, 120
o Strains	118, 115
o Sprains	121, 115, 117
- Head, neck and spinal injuries	
o Head	130, 131, 132, 133
o Neck	134, 132, 135
o Spinal	134, 132, 135
- Hypothermia	144, 145
- Hyperthermia, Dehydration	140, 142, 80, 142, 143
- Minor wounds	99, 100, 102, 104
- Nose-bleed	107
- Pain	66, 94, 118, 87, 120, 133
- Poisoning	95, 98, 96, 97
- Seizures	82, 81, 83
- Shock	53, 110, 2, 111, 139
- Vomiting and diarrhoea	36, 78, 79, 80
Identification and management of a sick infant or child including:	
- General signs and symptoms of acute illness in children and infants	30, 76, 146, 147, 148
- Referral and advice services including recognition of signs or symptoms requiring immediate ambulance response	4, 5, 6, 32, 60, 86, 96, 97, 132, 143, 151, 152
- Emergency action plans for known medical conditions including Asthma and Anaphylaxis	56, 67, 72, 73
- Age-appropriate communication and distraction techniques	8, 11, 12
- First aider response to basic physiological differences in children	26, 27, 44, 47, 48, 98