

HLTAID009 Provide cardiopulmonary resuscitation, release 1

This unit describes the skills and knowledge required to perform cardiopulmonary resuscitation (CPR) in line with the Australian Resuscitation Council (ARC) guidelines.

The unit applies to all persons who may be required to provide CPR, in a range of situations, including community and workplace settings.

Specific licensing/regulatory requirements relating to this competency, including requirements for refresher training should be obtained from the relevant national/state /territory Work Health and Safety Regulatory Authorities.

ELEMENTS	PERFORMANCE CRITERIA		QUESTIONS
<i>Elements describe the essential outcomes</i>	<i>Performance criteria describe the performance needed to demonstrate achievement of the element.</i>		<i>Module number (M): question number</i>
1. Respond to an emergency situation	1.1	Recognise and assess an emergency situation	M1:1,7, M4:2
	1.2	Ensure safety for self, bystanders and casualty	M1:6,7,10, M4:10,12
	1.3	Assess the casualty and recognise the need for cardiopulmonary resuscitation (CPR)	M1:8, M3a:1, M4:2
	1.4	Seek assistance from emergency services	M1:3,4,5,6
2. Perform CPR procedures	2.1	Perform CPR in accordance with the ARC guidelines	M4:1-7, 13
	2.2	Display respectful behaviour towards casualty	M1:2,9
	2.3	Operate an automated external defibrillator (AED) according to manufacturers' instructions	M4:9, 10, 11, 14
3. Communicate details of the incident	3.1	Accurately convey incident details to emergency services	M1:4,11
	3.2	Report details of incident in line with appropriate workplace or site procedures	M2:1,2,8
	3.3	Maintain privacy and confidentiality of information in line with statutory or organisational policies	M2:2,5, M19:2
4. Review the incident	4.1	Recognise the possible psychological impacts on self and other rescuers and seek help when required.	M19:1,3
	4.2	Contribute to a review of the first aid response as required	M19:2,3

KNOWLEDGE EVIDENCE		QUESTIONS
<i>Demonstrated knowledge required to complete the tasks outlined in elements and performance criteria of this unit:</i>		<i>Module number (M): question number/s</i>
Guidelines and procedures including:		
- relevant ARC Guidelines to managing the unconscious breathing and non-breathing casualty and provision of CPR		All questions comply with ARC Guidelines
- potential incident hazards and risk minimisation processes when providing first aid		M1:7,10, M2:8,9, M4:10
- infection control procedures, including use of standard precautions and resuscitation barrier devices		M1:10, M4:12
- requirements for currency of skill and knowledge		M2:7, M19:4,5
- first aid codes of practice		M2:7
- appropriate workplace or site procedures relevant to the provision of first aid		M2:8
Legal, workplace and community considerations including:		
– Duty of care requirements		M2:6, M19:2
– Own skills and limitations		M19:2,6
– Consent and how it relates to the conscious and unconscious casualty		M2:3,4
– Privacy and confidentiality requirements		M2:2,5, M19:2
– Awareness of potential need for stress management techniques and available support for rescuers		M19:1,3
Considerations when providing CPR including:		
- Upper airway and effect of positional change		M3a:2,3,4
- Appropriate duration and cessation of CPR		M4:6
- Appropriate use of an AED		M4:8,9,10
- Safety and maintenance procedures for an AED		M4:10,11,14
- Chain of survival		M1:5
- How to access emergency services		M1:3,4
Techniques for providing CPR to adults, children and infants including:		
- How to recognise that a casualty is unconscious and not breathing normally		M1:8, M3a:1, M4:2
- Rate, ratio and depth of compressions/ventilations		M4:1,4,7
- Correct hand positioning for compressions		M4:3
- Basic anatomy, physiology and the differences between adults, children and infants relating to CPR		M3a:2,3, M4:13